

True North: Science, Streets and Skating Rinks of Optimism

From basketball courts to skating rinks and classrooms to family rooms,
True North is a film about overcoming odds, building bridges,
and quantum leaps of change

What if there's a new mindset that can turn adversity into opportunity, and pain into growth? What if a last place boys' basketball team, from a high school threatened with closure because of low graduation rates and GPAs, in a high crime neighborhood of Minneapolis, Minnesota ran with that mindset to open a new universe of possibility?
Watch preview: <https://vimeo.com/423374485>



From November 2013 through the 2016-17 seasons Jane Barrash worked with the North High Polars as the vision, focus and mindset development coach. Accompanying a team of great court coaches led by Larry McKenzie, "Ms Jane" brought the *Discovery of Self* curriculum and her brand of pre-game drills to the boys' basketball team.



AND
MORE!

A great story unfolded, with a side story featuring Edo Walker IV and a skating show of optimism!

Explore a bigger sense of self, community...and reality